

## General Questions and Answers About the New Campus (updated 1/16)

## What is being built on Park Avenue at the new Harry and Jeanette Weinberg Campus?

- Construction is nearly complete for a <u>new nursing home</u> embracing the "Household" model
  of care. The Household model is much more residential and "home-like" and supports the
  philosophy of Resident-centered care. Each Household will include 14 private bedrooms
  and bathrooms for Residents with a shared kitchen, dining and living room area improving
  the overall quality of life provided. Jewish Senior Services also plans to add Assisted Living
  and Memory Care services at its new location for those requiring a lower intensity of care.
- Community Services programs will now be at one site on the new campus which consists of Physician Services, Home Care (Friedman Home Care Agency, Chaifetz Family Hospice and Compassionate Care Companions), Institute on Aging, Center for Elder Abuse Prevention, Outpatient Physical Therapy and Adult Day Services (Grasmere by the Sea).

#### Why are we moving?

Our facility has aged over 40 years and the costs to maintain it will only increase over time.
 Most importantly we will build the <u>first</u> Household Nursing Home in the State of
 Connecticut, which has been proven to improve quality in other markets where they have been built.

#### When will construction be completed?

 The construction of the new building is expected to be completed in May! Once we have received our Temporary Certificate of Occupancy, a detailed Timeline with anticipated moving dates will be issued.

#### How can I make a donation to the capital campaign?

The Journey to Home Capital Campaign supports a new campus that brings together the
future of long term care, assisted living, the Federation for Jewish Philanthropy of Upper
Fairfield County, intergenerational activities, health and wellness and the community-atlarge in a place that is truly HOME for all of us! To make a donation please contact Dayna
Hayden (203) 365-6409 or dhayden@jseniors.org.
 Naming opportunities are available.

## What will happen to the plaque recognizing my or my family's donation on Jefferson Street?

• The plaques will not physically be moved, however, the donations will continue to be recognized in an electronic kiosk in the new lobby. The Endowment Walls and Yahrzeit plaques in the Synagogue will <u>all</u> be moved to the new campus. We are not taking the loose bronze plaques to the new campus. If you or your extended family (or friends) have plaques and want them back, please contact Dayna Hayden at 203-365-6409.

#### Will there be walking paths/sidewalks?

• Yes, the sidewalks will enable people to walk the entire perimeter of the building. There will also be courtyards and a path around the retention pond.



## When will we be able to tour the new campus?

Tours will be arranged beginning in April, 2016.

## Where will the parking spots/areas be?

• Parking for Visitors/Volunteers will be near the Main Entrance. Parking for the Fitness Center will be near its entrance, and parking for Staff/Community Services clients will be near the Community Services entrance.



# **Questions and Answers About Skilled Nursing and the "Households"**

## How many skilled nursing beds will be built?

There will be 280 skilled nursing beds built in 20 distinct "Households" for Residents.
 28 beds (2 Households) will be dedicated to short term rehabilitation. This is less than our current 360 beds as this is what was approved by the State of Connecticut through a Certificate of Need application.

#### How will we transition from 360 to 280 beds?

• We have stopped taking long term Admissions in January, 2016. We will continue to take short term Rehab clients throughout the entire transition.

#### How will we move Residents and how long will it take to move them?

Residents will move one neighborhood at a time, every other day, until completely moved in.

## How long will it take to get everyone moved to the new campus?

• Staff and all support areas will move before Residents to prepare for Residents. The entire process is expected to take 2-3 weeks.

#### Will the cost of private rooms be the same as now?

• Yes! Only annual inflation will be applied as it is each January. There will no longer be a semi-private room rate, however.

#### When will we start talking about roommates and who will live together in Households?

 Discussions will begin in April before the move. Current staff, Resident and family relationships will be kept together as much as possible – meaning that Bennett, Kuriansky and Tandet Residents and staff will move together.

#### Will there be a model Resident room/Household open for tours and when will it be ready?

• Yes, the model Household has been holding tours for <u>Staff</u> since November. Elevators to the second floor will be available in March for Residents to tour.

#### How will the Households be different?

• Each Household will include 14 private bedrooms for Residents and have a residential design. Each room will have a private bathroom/shower to enhance privacy.

#### Will the Households have names?

• Yes. For example, one of the Rehab Households will be the "Gershon House." All of these are in recognition of major donor gifts and all are reserved.



#### Will Residents from different Households have places to get together?

• Each floor has two open spaces ("Great Rooms") for gatherings and visits, as well as the many common areas. Common areas include the multi-purpose auditorium (Bennett Hall), courtyards, Courtyard Café with indoor/outdoor dining, the Creative Arts Studio, etc.

## How will a sense of community be maintained while everyone is living in Households?

• There will be lots of space and opportunities for engagement from Household to Household and community events. The basic function of The Jewish Home will continue and expand.

#### Where will Residents go for entertainment or just to leave the Household?

• We will have multiple courtyards, an auditorium and meeting spaces for gatherings and visits.

#### What about the waiting list for Skilled Nursing?

• The current waiting list will continue consistent with State law. We STRONGLY encourage families to fill out an Application for the waiting list <u>now</u> as we expect the wait time to increase on the new campus. No new move-ins will happen during the last phase of construction. The Application is free and there is no obligation to move in when you are at the top of the list, so there is no "down-side" to completing the Application. Please contact Liz Lockwood at (203) 396-1024 or <a href="lockwood@jseniors.org">lockwood@jseniors.org</a> to be placed on this waiting list.

# Will there be a large courtyard for events and BBQ's similar to what we have now? How many courtyards will there be in total?

 Yes! In addition to the main celebration courtyard, there will be 7 other courtyards with unique features and purpose. For example, a Meditation Courtyard will feature quiet space, the Courtyard Café will allow for outdoor dining, and the Child Development Courtyard will allow our kids a safe place to play.

#### Will there be an area for painting?

• Yes, in the Creative Arts Studio on the second floor.

#### Will there be a greenhouse?

 There will be an indoor greenhouse in the Creative Arts Studio and there will be plenty of outdoor space for gardens and planting.

#### Where will equipment be stored in the Households? Will wheelchairs line the walls?

• Storage areas will be located just inside the main entrance to the Households.

## What type of call bell system will there be?

• The same call bell system as we have now in Tandet (Jeron Nurse Call System).

#### Can Residents bring their own furniture?

• Yes (although it is not recommended as extra space in the private bedrooms is minimal). We will provide appropriate dimensions prior to the move.



## Will TVs be provided?

• Yes! All rooms will have a 40" flat screen TV with built-in millwork. There will also be a 50" TV in the Household living room and in every Great Room.

#### Will there be set meal times for Residents?

 No, meals will be available for an open period of time and then there will be a pantry stocked with Resident favorites and go-to snacks and lite bites for 24/7 nutrition. Breakfast will be "made to order" as people wake up!

# Will Residents be able to go to another Household to eat, or invite another Resident to their house for a meal?

 Yes and more details will be determined as we are closer to moving regarding Dining Services.

#### Can family/friends utilize the kitchen to cook for some or all in a Household?

Yes.

#### Will there be a kosher Household?

• Yes, as many as necessary to meet the needs of Residents.



# **Questions and Answers About Assisted Living**

#### Will Assisted Living be offered?

 YES!! For the first time we will be able to offer Assisted Living and Memory Care services for our community. There will be 18, one-bedroom Assisted Living units for individuals or couples and 28 Memory Care units for those with Alzheimer's Disease and related Dementias.

#### How is Assisted Living different than a Nursing Home?

Assisted Living is a residential community that offers support services to help individuals
maintain or achieve their optimal level of independence. The most notable difference
between Assisted Living and a Nursing Home is the amount of care a person needs.
Assisted Living does not offer complex or continuous medical services.

#### How and when can someone reserve an Assisted Living apartment?

 Reservations are being accepted NOW! Please contact Liz Lockwood at (203) 396-1024 or <u>llockwood@jseniors.org</u> to reserve your apartment today.

## Where is the pricing?

A full schedule is available from Liz Lockwood (203) 396-1024 or <u>llockwood@jseniors.org</u>.

#### When will construction be completed?

The construction of the new building is expected to be completed in May, 2016!

#### Will Assisted Living clients have priority admission to Skilled Nursing?

• Yes.

#### Is there a large upfront fee or buy-in?

No, there is no buy in fee for Assisted Living services or Memory Care.

#### Do I need to sign a long term lease?

• No. Unlike traditional apartment living, a long term commitment is not required. 30 days written notice is required prior to moving out.

#### Can we move in as a couple?

• Yes. Packages are available for individuals who wish to share an apartment with a spouse or companion. There is a second occupant fee for the second person.

#### Can I bring a car if I live in Assisted Living?

• Yes. Parking will be right near the entrance.



#### Can I bring my own furniture to Assisted Living?

 Absolutely! Nothing makes a home more homelike than having the comforts and personal touches that you choose yourself. Assisted Living apartments are unfurnished. Memory Care residences are furnished.

#### Can I bring my pet?

• Yes. We know that pets are like family. There are a few policies that help us maintain our pet friendly atmosphere. All animals must be pre-approved to ensure the animal is compatible with our environment. Additional fees may apply.

#### Are there specific visiting hours?

• No, this is your home so you are welcome to have visitors when you choose.

#### Can I have overnight guests?

Yes. This is your home and guests are welcome to visit and stay over.

#### Will there be set meal times?

• No. This is your home so you eat at your preferred time. Meals will be available for an open period of time and a pantry will be stocked with snacks for 24/7 nutrition. Breakfast will be "made to order" as people wake up!

#### Do I have to eat all 3 meals?

 No, of course not! Three meals a day are included in the monthly fee. Most special diets can be accommodated.

#### Will there be kosher meals?

 Yes. While Assisted Living will not be kosher, each apartment will be at the discretion of the individual(s) that live there and kosher food will be available in the Courtyard Café – breakfast, lunch and dinner – at no additional cost.

#### Is transportation available?

 Yes. Scheduled medical transportation is offered up to twice per month for appointments within a 10 mile radius of the campus. Transportation outside of the Fairfield county area can be arranged for an additional fee. Alternate sources of transportation may be utilized for individuals with chronic illnesses requiring frequent recurring appointments. Social transportation will be offered regularly for scheduled shopping and social outings.

#### Are outings exclusive to Assisted Living Residents?

There will be both campus wide and Assisted Living outings/events. Assisted Living
Residents will be given first priority for all Assisted Living outings. Others may be invited to
attend if space permits.



#### Can I keep my physicians?

• Yes. For your convenience, there are physicians on campus who are available to perform home visits for Residents who elect to use those physicians as their primary physician.

#### Do you offer 24-hour nursing?

• Yes, nurses are on-site, not just on-call, 24-hours a day to ensure comfort, well-being and peace of mind.

#### Can I stay in Assisted Living if my needs change?

Yes. Extensive supportive services are available under the supervision of licensed health
care professionals to enhance the quality of life as your needs change in the privacy and
comfort of your own apartment. Upon admission, an individualized care plan is developed
to address personal care needs and preferences which are reviewed routinely and adjusted
as needed. Assisted Living is not appropriate if you require continuous skilled nursing care
or if your condition is unstable.

#### Is smoking allowed?

 No. To be able to provide the healthiest environment for everyone, we are a non-smoking, tobacco free campus. Smoking is not permitted anywhere on campus. This includes electronic cigarettes.

## Will Assisted Living have a private courtyard?

• Yes! In addition to the main courtyard, there will be 7 other courtyards with unique features and purposes including Assisted Living and Memory Care.

#### Do I need to leave the Household for activities and entertainment?

No. Daily activities will be offered within the Assisted Living Households, exclusive to you
and your guests. There are multiple courtyards, meeting spaces and an auditorium for
additional entertainment and campus wide activities.

## Are there financial resources to assist with the costs of Assisted Living?

- Yes.
  - Veterans and their spouses may qualify for a benefit called "Aid and Attendance" which may contribute towards Assisted Living fees.
  - Long term care insurance policies may offer an Assisted Living benefit. Please contact your long term care provider to inquire about eligibility.
  - Medicare A covers qualified intermittent skilled services in Assisted Living for a limited time under certain conditions for a limited time.



## **Questions and Answers for Staff**

#### What will happen to the employees of Jewish Senior Services?

<u>ALL</u> employees of Jewish Senior Services will make the transition to the new campus when
we move. There will be many new job opportunities as we will be expanding our physical
building (hence more services needed, etc.). The relocation will change our structure from
Neighborhoods to Households – so current roles and responsibilities will have new meaning
with input from staff that will be coordinated over the next few months.

#### What will staffing be like between now and then?

• We will continue to staff according to Resident need.

#### Will staff have input into which Household they will be assigned to work?

• The plan is to keep Resident and family relationships together as much as possible.

#### Who do Lead Homemakers report to and who does their scheduling?

• We are piloting this structure currently and will know more once we move further into the pilot and determine what makes sense.

## Will the Lead Homemaker position come with a pay increase?

 All positions are analyzed by our compensation consultant who will be able to make recommendations based on job descriptions which are being piloted.

#### Will the Lead Homemaker do all of the cooking or will there be two positions?

• Lead Homemaker for days (breakfast and lunch) and a second Homemaker for evenings (dinner).

#### Will there be a change in employee uniforms?

Possibly – an Action Team will be created to explore this further.

#### Will there be a private space in the Household for staff use?

• Yes, a private office space will be available for staff to use a computer, make phone calls and prepare documents, etc.

#### Will lockers be provided for employees?

Yes, both in the Households and in a locker room on the lower level near the Staff Lounge.

#### Where can I eat?

• A Staff lounge will be located on the lower level and will offer refrigerators, microwaves, etc. Meals will be available in the Courtyard Café to purchase (breakfast, lunch and dinner).



# **Questions and Answers for the Community**

#### What else will the new campus offer?

The other exciting aspect of the campus will be the expansion of community education and social activities with the new kosher restaurant (Berkowitz Family Courtyard Café) and large multi-purpose room/auditorium (Bennett Hall) including the Synagogue. The Sylvia and Paul Pressman Child Development Center will be located on the lower level of the building and have capacity for 44 children – so that we can continue to support our intergenerational programs and activities.

Finally, we will open a new Health Club called the Rosnick Fitness Center – The J – which will offer a 25-yard swimming pool, aqua-therapy pool, 5,000 sq. ft. workout room, classrooms, lockers, sauna and massage. This will be open to Residents, staff, volunteers and the community-at-large on a monthly fee basis.

## Will the Rosnick Fitness Center be open to the community immediately?

- Yes, the Rosnick Fitness Center is one of the first programs at the new campus to open.
   There will be three tiers of pricing for the general community, the Jewish community and those affiliated with JSS (e.g. volunteers) and staff. Priority pricing (for the first 200 members) was announced in October, 2015 and is as follows:
  - Community Members \$45/month \$495/year (pre-paid)
  - Synagogue Members/JSS Family/Volunteers \$36/month \$396/year (pre-paid) After we reach 200 members, these rates will go up by approximately 20%.

#### Will water aerobics be offered for Residents in the Fitness Center pool?

Yes!

#### Will Residents have to go outside to get access to the Fitness Center?

No, Residents will have indoor elevator access to the Fitness Center through the main lobby.

#### What is the relationship with the Federation for Jewish Philanthropy of Upper Fairfield County (FJP)?

• The FJP has temporarily located its offices to Westport (431 Post Road East) and will be moving into the new campus with us. The FJP will lease approximately 5,400 sq. ft. on the third floor of the new building for its Federation, BJE/Merkaz offices, the PJ Library, Israel programming and other needs of the community. Many of their programs and services will be offered in our facilities and will be available to Residents and the community-at-large.

#### What will happen to our current property on Jefferson Street?

• The property will be sold to Sacred Heart University <u>after</u> we move. This was announced in April, 2014.



#### **About Jewish Senior Services**

Jewish Senior Services is one of the premiere providers of senior care in Connecticut serving clients at their two Fairfield locations and in clients' homes throughout Fairfield and New Haven Counties. Their 5-star skilled nursing and short term rehabilitation facility has been serving the community for 40 years with an unparalleled level of quality and personalized care. Other services provided include home care, hospice, day services, advocacy and education, and long term care protection.

If you have any additional questions, please email us at <u>abanoff@jseniors.org</u> or call 203-365-6400. You can also visit our website at <u>www.jseniors.org</u> for more information.